



**First Nations Language Keepers Gathering**  
**Workshop**  
**Julia Oullette**

**Workshop Title:** Total Physical Response Training

**Name of Presenters:** Julia Oullette

**Biography:** Julia Oullette is from Mâkwa Sâkahikan First Nation. She formally studied Cree Language at University nuhelot'jine thaiyots'j nistameyimâkanak Blue Quills AB and at the University of Saskatchewan SK. However, her fluency in Cree is thanks to her informal education provided by her kohkom and her community. Her approach follows a few key ideas. First, that Cree should be taught orally before the writing system is introduced. Secondly, that everyday life context makes the best lesson plans. Lastly, that actions - not English translations - should be used to, "bring the language alive" and this includes the Total Physical Response method of instruction.

**Abstract:** The Total Physical Response (TPR) body movement method is a second language teaching that has been successfully implemented in many of our language classrooms worldwide. This action-based methodology helps to quickly develop a core communicative vocabulary for students in a fun and creative way. This method helps language teachers build successful language programs through TPR. During this presentation each participant will be provided with training through lectures, live teacher demonstrations and examples in individually and in group activities from the following Steps using TPR include: TPR with body and TPR with object, Delay, Vary, Keep the Class on its Toes, Comprehension Check, Combine Old Words with New and Novel Command.

**Learning Outcomes:**

By the end of this workshop, delegates will:

- Learn about the TPR methodology
- Be trained in TPR to take back to their communities